**Survival Kit Supplies**

Being prepared means being equipped with the proper supplies you may need in the event of an emergency or disaster. Keep your supplies in an easy-to-carry emergency preparedness kit that you can use at home or take with you in case you must evacuate.

**What Do You Need In A Survival Kit?**

At a minimum, you should have the basic supplies listed below.

1. Water: one gallon per person, per day (3-day supply for evacuation, 2-week supply for home)
2. Food: non-perishable, easy-to-prepare items (3-day supply for evacuation, 2-week supply for home)
3. Flashlight
4. Battery-powered or hand-crank radio (NOAA Weather Radio, if possible)
5. Extra batteries
6. [First aid kit](https://www.redcross.org/store/first-aid-supplies/first-aid-kits)
7. Medications (7-day supply) and medical items
8. Multi-purpose tool
9. Sanitation and personal hygiene items
10. Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies)
11. Cell phone with chargers
12. Family and emergency contact information
13. Extra cash
14. Emergency blanket
15. Map(s) of the area

**After you gather those basic supplies for your kit, add unique things each member of your family may need, such as:**

* Medical supplies (hearing aids with extra batteries, glasses, contact lenses, syringes, etc)
* Baby supplies (bottles, formula, baby food, diapers)
* Games and activities for children
* Pet supplies (collar, leash, ID, food, carrier, bowl)
* Two-way radios
* Extra set of car keys and house keys
* Manual can opener

**Depending on the**[**types of disasters that are common where you live**](https://www.redcross.org/get-help/how-to-prepare-for-emergencies/common-natural-disasters-across-us.html)**, also consider adding these things to your kit:**

* Whistle
* N95 or surgical masks
* Matches
* Rain gear
* Towels
* Work gloves
* Tools/supplies for securing your home
* Extra clothing, hat and sturdy shoes
* Plastic sheeting
* Duct tape
* Scissors
* Household liquid bleach
* Entertainment items
* Blankets or sleeping bags

First Aid Kit

* 2 absorbent compress dressings (5 x 9 inches)
* 25 adhesive bandages (assorted sizes), also found within our Family First Aid Kit
* 1 adhesive cloth tape (10 yards x 1 inch)
* 5 antibiotic ointment packets (approximately 1 gram)
* 5 antiseptic wipe packets
* 2 packets of aspirin (81 mg each)
* 1 emergency blanket
* 1 breathing barrier (with one-way valve)
* 1 instant cold compress
* 2 pair of nonlatex gloves (size: large)
* 2 hydrocortisone ointment packets (approximately 1 gram each)
* 1 3 in. gauze roll (roller) bandage
* 1 roller bandage (4 inches wide)
* 5 3 in. x 3 in. sterile gauze pads
* 5 sterile gauze pads (4 x 4 inches)
* Oral thermometer (non-mercury/nonglass)
* 2 triangular bandages
* Tweezers
* Emergency First Aid instructions